

# ALLERGENES MAJEURS SEPTEMBRE\*

\* Présence possible de l'ensemble des allergènes dans les plats : Nous ne sommes pas en mesure de garantir l'absence de contaminations croisées lors des processus de fabrication et lors du service.

\* Pour plus d'information sur les allergènes, contactez La Maison Jacquet au 06 14 23 02 78

| JOUR | ALLERGENES<br>PRODUITS      | 1<br>CEREALES / GLUTEN | 2<br>CRUSTACES | 3<br>ŒUFS | 4<br>POISSON | 5<br>ARACHIDES | 6<br>SOJA | 7<br>LAIT/LACTOSE | 8<br>FRUITS A COQUES | 9<br>CELERI | 10<br>MOUTARDE | 11<br>SESAME | 12<br>SULFITE | 13<br>LUPIN | 14<br>MOLUSQUE |
|------|-----------------------------|------------------------|----------------|-----------|--------------|----------------|-----------|-------------------|----------------------|-------------|----------------|--------------|---------------|-------------|----------------|
| 2    | Salade de tomates           |                        |                |           |              |                |           |                   |                      |             | 10             |              | 12            |             |                |
|      | Steakk Haché                |                        |                |           |              |                |           |                   |                      |             |                |              |               |             |                |
|      | Purée                       |                        |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
|      | Glace                       |                        |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
| 3    | Taboulé oriental            | 1                      |                |           |              |                |           |                   |                      |             |                |              | 12            |             |                |
|      | Croustillant au fromage     | 1                      |                | 3         |              |                |           | 7                 |                      |             |                |              |               |             |                |
|      | Haricots verts              |                        |                |           |              |                |           |                   | 9                    |             |                |              | 12            |             |                |
|      | Fruits                      |                        |                |           |              |                |           |                   |                      |             |                |              |               |             |                |
| 4    | Salade verte                |                        |                |           |              |                |           |                   |                      |             | 10             |              |               |             |                |
|      | Boulette Agneau tomates     | 1                      |                | 3         |              |                | 6         | 7                 |                      | 9           |                |              | 12            |             |                |
|      | Semoule                     | 1                      |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
|      | Fromage blanc               |                        |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
| 5    | Salade crétoise             |                        |                |           |              |                |           | 7                 |                      |             | 10             |              | 12            |             |                |
|      | Saumonette                  |                        |                |           | 4            |                |           |                   |                      | 9           |                |              | 12            |             |                |
|      | Pâtes                       | 1                      |                |           |              |                |           |                   |                      |             |                |              |               |             |                |
|      | crème dessert               |                        |                | 3         |              |                |           | 7                 |                      |             |                |              |               |             |                |
| 6    | Quiche Lorraine             | 1                      |                | 3         |              |                |           | 7                 |                      |             | 10             |              |               |             |                |
|      | Escalope de volaille        |                        |                |           |              |                |           |                   |                      | 9           |                |              | 12            |             |                |
|      | Poêlée de légumes           |                        |                |           |              |                |           |                   |                      | 9           |                |              | 12            |             |                |
|      | riz au lait                 |                        |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
| 9    | feuilleté au fromage        | 1                      |                | 3         |              |                |           | 7                 |                      |             | 10             |              | 12            |             |                |
|      | Saucisse fumée              | 1                      |                |           |              |                | 6         | 7                 |                      | 9           |                |              | 12            |             |                |
|      | Lentilles                   |                        |                |           |              |                |           |                   |                      | 9           |                |              | 12            |             |                |
|      | Salade de fruits            |                        |                |           |              |                |           |                   |                      |             |                |              |               |             |                |
| 10   | Œufs cocottes               |                        |                | 3         |              |                |           | 7                 |                      |             |                |              | 12            |             |                |
|      | Gratin de pâtes aux légumes | 1                      |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |
|      | Compote                     |                        |                |           |              |                |           |                   |                      |             |                |              |               |             |                |
| 11   | Bettrave en salade          |                        |                |           |              |                |           |                   |                      |             | 10             |              | 12            |             |                |
|      | hachis parmentier           | 1                      |                | 3         |              |                |           | 7                 |                      | 9           |                |              | 12            |             |                |
|      | Yaourt                      |                        |                |           |              |                |           | 7                 |                      |             |                |              |               |             |                |

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|----|----------------------------|---|--|---|--|---|---|---|----|--|----|--|----|
| 12 | Salade de riz              |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Fish'n chips               | 1 |  | 4 |  |   |   |   |    |  |    |  |    |
|    | Ratatouille                |   |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | Fromages                   |   |  |   |  |   |   |   |    |  |    |  |    |
| 13 | Melon/ jambon de pays      |   |  |   |  |   |   |   |    |  | 12 |  |    |
|    | Cuisse d poulet            |   |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | <i>pommes grenailles</i>   | 1 |  | 3 |  |   | 7 |   |    |  |    |  |    |
|    | tarte aux pommes           | 1 |  |   |  |   | 7 |   |    |  | 12 |  |    |
| 16 | Salade de tomates          |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Moussaka                   | 1 |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | <i>riz</i>                 |   |  |   |  |   |   |   |    |  |    |  |    |
|    | Fromage blanc              |   |  |   |  |   | 7 |   |    |  |    |  |    |
| 17 | Feuilleté au fromages      | 1 |  | 3 |  |   | 7 |   |    |  | 12 |  |    |
|    | Risotto                    | 1 |  |   |  |   | 7 |   |    |  |    |  |    |
|    | aux champignons            |   |  |   |  |   |   |   |    |  |    |  |    |
|    | Salade de fruits           |   |  |   |  |   |   |   |    |  |    |  |    |
| 18 | Salade verte               |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Pâtes à la bolognaise      | 1 |  | 3 |  | 6 | 7 | 9 |    |  | 12 |  |    |
|    |                            |   |  |   |  |   |   |   |    |  |    |  |    |
|    | Liegeois                   |   |  |   |  |   | 7 |   |    |  |    |  |    |
| 19 | Soupe de tomates           | 1 |  | 4 |  |   |   |   |    |  | 12 |  |    |
|    | Moules marinières          |   |  |   |  |   |   |   |    |  | 12 |  | 14 |
|    | Pommes rissolées           |   |  |   |  |   |   |   |    |  |    |  |    |
|    | Yaourt                     |   |  |   |  |   | 7 |   |    |  |    |  |    |
| 20 | Salade de pâtes            | 1 |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | rôti de porc               |   |  |   |  |   |   |   |    |  |    |  |    |
|    | petit pois                 |   |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | Gâteau anniversaire        | 1 |  | 3 |  |   | 7 | 8 |    |  |    |  |    |
| 23 | Macédoine                  |   |  | 3 |  |   |   |   | 10 |  | 12 |  |    |
|    | Poulet basquaise           |   |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | <i>riz</i>                 |   |  |   |  |   |   |   |    |  |    |  |    |
|    | Yaourt                     |   |  |   |  |   | 7 |   |    |  |    |  |    |
| 24 | Feuilleté aux légumes      | 1 |  | 3 |  |   |   |   | 10 |  | 12 |  |    |
|    | Tajine de Légumes          |   |  |   |  |   |   | 9 | 10 |  |    |  |    |
|    | <i>Semoule</i>             | 1 |  |   |  |   | 7 |   |    |  |    |  |    |
|    | Ile flottante              |   |  | 3 |  |   | 7 |   |    |  |    |  |    |
| 25 | Salade de carottes         |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Sauté de porc caramélisé   | 1 |  |   |  | 6 | 7 | 9 |    |  | 12 |  |    |
|    | pâtes                      | 1 |  |   |  |   |   |   |    |  |    |  |    |
|    | Fruits                     |   |  |   |  |   |   |   |    |  |    |  |    |
| 26 | Salade de lentilles        |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Dos de colin               | 1 |  | 4 |  |   | 7 |   |    |  |    |  |    |
|    | <i>Julienne de légumes</i> |   |  |   |  |   |   | 9 |    |  | 12 |  |    |
|    | Flan                       | 1 |  | 4 |  |   | 7 |   |    |  |    |  |    |
| 27 | Concombre en salade        |   |  |   |  |   |   |   | 10 |  | 12 |  |    |
|    | Mijoté de bœuf             | 1 |  |   |  |   |   | 9 | 10 |  | 12 |  |    |

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|----|-------------------|---|--|--|---|--|---|---|---|--|----|----|--|
|    | Haricots blanc    |   |  |  |   |  |   | 9 |   |  | 12 |    |  |
|    | Fromage           |   |  |  |   |  | 7 |   |   |  |    |    |  |
| 30 | Tortillas         |   |  |  | 3 |  | 7 |   |   |  |    |    |  |
|    | Paupiette de veau | 1 |  |  |   |  | 7 |   | 9 |  | 10 | 12 |  |
|    | Haricots verts    |   |  |  |   |  |   |   | 9 |  |    | 12 |  |
|    | Fromage blanc     |   |  |  |   |  | 7 |   |   |  |    |    |  |